



Aunt Martha's Quarterly

January, February & March 2009; Volume 1, Edition 3

Save the Date:

- **June 25, 2009**
Trivia Night at Flossmoor Station in Flossmoor, IL; 7pm; Teams of 2-5; \$20 per player!
See page 2 for details!

- **August 14, 2009**



Aunt Martha's
8th Annual
Charity Golf
Outing

Register to golf today!
www.auntmarthas.org

A Note from the Staff:

There are many ways you can support Aunt Martha's Youth Service Center.

We are constantly striving to keep up with the everyday needs of our children and youth. The smallest contribution can go a long way. Here is a list of items that we are continually looking for to meet those needs: Socks, Undergarments, Pajamas, New Clothing, Small-sized Hygiene Products, Gift Cards, Backpacks, School Supplies, Diapers, Wipes and Games.

If you would like to make a donation to Aunt Martha's please send contributions to:

*Aunt Martha's Youth Service Center
Development Department
19990 Governors Highway
Olympia Fields, IL 60461*

OR visit our safe, secure website:

www.auntmarthas.org

An Aunt Martha's Update from the Acting CEO

The last few months have been especially turbulent in the world economy.



*Aunt Martha's Interim
CEO, Raul Garza*

Aunt Martha's Youth Service Center and Healthcare Network is reacting to some of the economic concerns in the last quarter of fiscal year 2009 and planning for the next fiscal year. The agency remains financially stable, but in light of the economy is taking proactive steps to continue providing quality services to our communities.

Illinois Governor Patrick Quinn recently submitted a balanced state budget that would significantly improve cash flow statewide. Should the General Assembly approve the budget within the next few months, Aunt Martha's, along with all organizations across the state, would have an improved outlook for the future. Governor Quinn's plan is aligned with President Obama's recovery theme and is intended to secure not only the availability but the expansion of services that organizations, such as ours, provide.

State and Federal investments in Healthcare have provided a variety of opportunities for Aunt Martha's and we are proud of two recent awards that our Health Division has secured. Family Planning services will be expanded to multiple locations as a result of expanded grant funding from the State. Aunt Martha's secured the third largest Increased Demand for Services award in Illinois, which will allow for the expansion of health services across four locations. Additionally, we are optimistic about the availability of federal funds in the near future for capital investment projects throughout our Healthcare Network.

Aunt Martha's Youth Service Center and Healthcare Network will continue to expand our healthcare centers, child welfare programs and community services into the future. By providing memorable and compassionate care, we will do it! However, in the meantime, we ask for your help. Participate and support our events and activities; donate in-kind goods and services; mentor or provide opportunities for our youth. We value you now and always and appreciate your support in many ways.

Aunt Martha's Events & Fundraisers

Aunt Martha's 5K Walk for Wellness:

Saturday, June 13, 2009

Aunt Martha's is holding its first benefit walk on **June 13, 2009** and we want you to be a part of it! The Walk will reach out to the local community to raise funds for our children, youth and teens in order to provide them with healthy, fun activities to not only give them wellness, but also a chance to live a fuller life everyday! It's important to us at Aunt Martha's that these children receive the life they deserve and we hope you will join us in our efforts!

How can you help? Gather your family and friends and organize a team with a team captain. The team captain can call Sarah Hamilton at (708) 747-7179 and a team packet will be mailed out! You can register from now until the day of the walk. Please visit our website to register. Payment can be made through PayPal or a check may be sent. Each team captain will receive 150 raffle tickets to sell to your family, friends or co-workers. The raffle includes 5 GIFT CARD prizes given out on the day of the walk (Winners need not be present). The team that sells the most raffle tickets will receive an award! More raffle tickets will be available to the teams if they sell out. Five prizes will be given out at \$100 per gift card! (Raffle Tickets are 1 for \$1 or 6 for \$5).

Where: Vollmer Road Grove (On Vollmer Road just before Cicero, between Crawford & Cicero, Tinley Creek Division)

Why: To give the children and teens in Aunt Martha's programs a chance to participate in recreational activities for their wellness.



Fundraising: Ask family, friends, classmates, co-workers and neighbors to support you by contributing to Aunt Martha's Walk. Record donations on the contribution form. Ask contributors to pay before the Walk and to make all checks payable to: Aunt Martha's Youth Service Center.

Walk Day Schedule:

8-9:00 AM Registration
9:00 AM Warm-Up, Music & Raffle Drawing
9:30 AM Kick-Off, Start Walking!
11:00 AM Walk ends with a celebration, music, snacks and prizes!

- Food, refreshments and restrooms provided
- Walk is held rain or shine

Contribution forms and money will be accepted at the Walk OR anytime before the walk at Aunt Martha's Administration building. Avoid the line on Walk Day by sending your contributions to:

Aunt Martha's Youth Service Center

Development Department
19990 Governors Highway
Olympia Fields, IL 60461

REGISTER ONLINE @ WWW.AUNTMARTHAS.ORG

Trivia Night at Flossmoor Station!

Prizes!

Thursday, June 25, 2009 at 7pm

\$20 per Player!

FUN!



Teams of 2-5 Players compete for a cash prize! 7 rounds of trivia including General Knowledge, Photos and a Match Game that will test you and your friend's skills and know-how! Team with the best name wins a free round! Space is limited so sign up for fun today! To reserve your table or for more information call 708-747-7179 or e-mail

Sarah at shamilton@auntmarthas.org. Flossmoor Station is located at:

1035 Sterling Road, Flossmoor, IL 60422.

Our Donors

The following donors have contributed to Aunt Martha's in the last fiscal quarter.

\$ 1,000 AND ABOVE

Organizations/Companies:

AstraZeneca
Batavia Community Chest United Way
United Way Greater Twin Cities

\$ 250 — \$ 999

Individuals:

Joseph Panfil
Patricia Pfau
Terence Sweeney
Jason Aaron Sons
Bobbie Swires
Shirley Young

Organizations/Companies:

Danville Chapter Sweet Adelines
First American Bank

\$ 1 — \$ 249

Individuals:

Janice Anderson
Thomas Bann
Kevin Calloway
Charlotte Calloway
Cary Countess
David Dillman
Heather Ferguson
Stephen Golseth
Shelly Goodmanson
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Margaret Haenel
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Robert Panico
Lauren Payne
Ashaki Reed
Grace Sacco
Madeline Santangelo
Beverly Sheehan
James Spangler
Jon Szostak
Palmalea R. Taylor Family Trust
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Organizations:

Abbott Laboratories
Allstate Giving Campaign
Jewel Food Stores
Bank of America United Way Campaign
Farmers Chapel Missionary Women
Farmers Chapel United Methodist Church
Fifth Third Bank
Home Depot
Whitney M. Young Magnet High School
United Methodist Women, St. Andrew U.M.C.
United Way of Metropolitan Chicago
U.S. Cellular

Special Thanks to these in-kind supporters:

Alliance of the American Dental Association
Alliance of the Illinois State Dental Society
Chicago Southland Association
Health Underwriters
Flossmoor Country Club
Kaleidoscope
Kankakee Dispatchers
NYSE Group
Betty Last
Mary Murray
Wendy Pike
Prairie State College Dental Hygiene School
Staples, Inc.
Betty Williams

The previous donors contributed financially to Aunt Martha's Youth Service Center, Inc. & Healthcare Network from January 1, 2008 through March 25, 2008. We are deeply grateful for the kindness and generosity of all our friends, volunteers and donors. For more detailed information on your contribution or for any corrections or omissions, please contact Sarah Hamilton, Communications & Development Liaison, at (708) 747-7179 or via email at: shamilton@auntmarthas.org. Thank you for making a lasting difference in the lives of children, youth and families served by Aunt Martha's.

A Visit from the ADA

We all try to prevent cavities, but do we realize maintaining healthy gums is equally important. Studies show periodontal or gum disease is increasing in



both adults and children.

On a recent visit, Johanna Manasse of the Alliance of the American Dental Association stressed the importance of cavity prevention and maintaining good oral health to the mothers in Parents Too Soon/Healthy Families Illinois.

Prairie State College dental hygienists, Sharde Woods and Kathryn Grace encouraged the mothers to instill proper oral care habits very early in their child's life as it is the most effective way to promote oral health.

Afterwards they distributed oral health tools and demonstrated their proper use. They encouraged mothers to be especially vigilant to the oral health of their

developing children as it so closely relates to overall wellness.

To support the oral health message, Ms. Manasse presented each

participant with a cookbook filled with family friendly and healthy meal recipes that promote good nutrition associated

with oral health. Manasse obtained the cook books through her grant application on behalf of the Parents Too Soon participants.

The joint presentation of Alliance of the American Dental Association and Prairie State College dental hygienists stressed a serious concern, good oral health with a touch of humor and an easy approach making it easy to understand and remember.

Parents Too Soon/Healthy Families Illinois provides education, support and encouragement to young parents with the goal to decrease the risk of abuse and to promote healthy parent/child interactions and activities. Currently there are 68 parents and 73 children in the program.

Aunt Martha's Updates

Volunteer of the Year

It takes volunteers from all walks of life and many different careers to make Aunt Martha's Youth Service Center successful. At our Annual Volunteer Luncheon, we said *thank you* to those important people who play these vital roles!

Recently these volunteers were recognized for their dedication and service and seven were nominated for the prestigious "Volunteer of the Year" award. This year nominees were Timberland Company and Nancy Morrison, Gail Anton, Sylvester Baugh, Allen Jongsma of Living Springs Community Church, Edward Lawson, Claudette Lindsey and Derrick Martin.

Aunt Martha's recognized the Timberland Company in New Hampshire and its Community Affairs Director, Nancy Morrison as the 2008 Volunteer of the Year! Aunt Martha's Board of Directors selected the honoree. As this year's

honoree was not able to be in attendance, a video conference was arranged. Board members Andrew Jones and Bill Wesender made note of the global feeling that is created when we interact with people so far away.



According to Nancy Morrison, Community Affairs at Timberland, "We believe strongly that by partnering with effective non-profit organizations we can assist in strengthening communities around the world. This commitment is realized through support of organizations such as Aunt Martha's whose innovative leadership results in lasting, positive change. It is Timberland's hope that Aunt Martha's will view its grants as a vote of confidence in what we are working to achieve."

The Timberland Company, through its Community Reinvestment

Program, has generously donated warm, winter boots to youth in Aunt Martha's residential homes, shelters and transitional living programs for the past four holidays. Fifty five of our young men and women were recipients of Timberland boots

last year! To date, a total of 193 pairs of boots valued at \$30,000 have been donated by the Timberland Company.

The self-worth our youth experience in receiving a "Timberland "Boot" is, in itself, priceless. Notwithstanding the workmanship and durability of these boots, they are also a fashion statement to the kids. It is perhaps the most wanted holiday item year after year, always listed on our youths' wish lists. It has been said that ***"wearing Timberlands is like wearing a hug!"***

Timberland and Nancy Morrison were the volunteers of the year for 2008 but each and every volunteer played a critical role in the lives of our children and families. If you would like to join our volunteers please **contact us**.



Aunt Martha's Youth Service Center
Development Department
19990 Governor's Highway
Olympia Fields, IL 60461

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